

Sportcentrum Kardinge  
NK Masters

Datum: 07-03-2015

Klassement na 4 afstanden

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Dames Senioren B

Nr	Dln	Deelnemer	Cat	Baan	500m	1500m	1000m	3000m	Totaal	Achter
1	10	Eva Riemersma-van Rheenen	DSB	DH	44.02 (PB)	2:13.08 (PB)	1:25.92 (PB)	4:46.73 (PB)	179.128	
2	12	Renske Winters	DSB	DV	43.39 (1)	2:15.25 (3)	1:26.39 (2)	4:55.66 (5)	180.944	1.816
3	7	Suzanne Mulder	DSB	AM	45.18 (6)	2:14.78 (2)	1:27.47 (3)	4:48.65 (4)	181.949	2.821
4	4	Berdy Kars	DSB	AM	45.06 (5)	2:20.77 (6)	1:30.12 (5)	5:04.81 (8)	187.844	8.716
5	1	Sandra van Bijlert - Burgerhout	DSB	AM	46.12 (7)	2:19.90 (5)	1:31.90 (6)		138.703	
6	8	Hilda Nes	DSB	AM	51.47 (9)	2:29.00 (8)	1:36.96 (PB)		149.616	
7	3	Jeanette Hutterd ten Hag	DSB	DV	44.59 (3)	2:23.06 (7)	1:29.88 (PB)		137.216	
8	11	Jeske Sluyk	DSB	UT	46.77 (8)	DQ (DQ)	1:31.91 (7)		92.725	

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Nr	Dln	Deelnemer	Cat	Baan	500m	1500m	1000m	3000m	Totaal	Achter
1	18	Anke Jannie Landman	D40	AS	43.68 (TRM)	2:10.25 (TRM)	1:24.11 (TRM)	4:49.70 (2)	177.434	
2	21	Dorian Schoonderwoerd	D40	UT	45.43 (3)	2:19.66 (2)	1:30.79 (3)	5:00.10 (3)	187.394	9.960
3	24	Irma Woud	D40	UT	44.45 (2)	2:20.59 (3)	1:29.38 (2)	5:10.88 (7)	187.816	10.382
4	16	Tessa Keur	D40	AM	45.70 (4)	2:20.69 (4)	1:31.86 (4)	5:04.21 (5)	189.227	11.793
5	13	Yvette van Dulmen	D40	BR	46.88 (PB)	2:22.51 (PB)	1:32.84 (PB)		140.803	
6	23	Karen Teuling	D40	TB	47.12 (8)	2:20.96 (5)	1:34.01 (6)		141.111	
7	22	Yvonne Simis	D40	AM	46.93 (7)	2:27.42 (8)	1:35.55 (7)		143.845	
8	15	Erica Della Guardia-deJong	D40	AM	48.37 (10)	2:23.09 (7)	1:36.56 (PB)		144.346	
9	20	Karin van der Sar	D40	UT	47.12 (8)	2:31.34 (10)	1:35.88 (8)		145.506	
10	17	Linda Krikke	D40	UT	49.35 (PB)	2:30.10 (PB)	1:37.21 (PB)		147.988	

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Nr	Dln	Deelnemer	Cat	Baan	500m	1500m	1000m	3000m	Totaal	Achter
1	32	Kaska Rogulska	D45	AS	43.66 (1)	2:11.74 (TRM)	1:25.56 (TRM)	4:41.01 (TRM)	177.188	
2	29	Jolanda Grimbergen	D45	AL	45.15 (PB)	2:14.70 (PB)	1:28.67 (PB)	4:44.13 (PB)	181.740	4.552
3	25	Lijnje Boele	D45	DH	45.10 (2)	2:17.39 (3)	1:28.53 (2)	5:02.16 (4)	185.521	8.333
4	36	Jolanda Voskamp-Vollebregt	D45	DH	46.64 (5)	2:21.88 (4)	1:31.49 (4)	4:55.57 (3)	188.939	11.751
5	31	Evelien Mager	D45	AM	48.29 (PB)	2:23.05 (PB)	1:35.01 (PB)		143.478	
6	34	Karin Terhürne	D45	GR	47.82 (6)	2:26.62 (8)	1:33.78 (6)		143.583	
7	37	Hedri Vrieling	D45	UT	48.56 (8)	2:24.71 (6)	1:35.56 (8)		144.576	
8	27	Tialda Gerritsma	D45	BR	50.56 (11)	2:26.60 (PB)	1:37.04 (PB)		147.946	
9	26	Rian Buitendijk	D45	BR	49.94 (10)	2:28.70 (9)	1:37.26 (11)		148.136	
10	33	Ellen Kok	D45	AM	49.24 (9)	2:32.18 (10)	1:37.25 (PB)		148.591	

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Nr	Dln	Deelnemer	Cat	Baan	500m	1500m	1000m	3000m	Totaal	Achter
1	44	Gerdien Meijer	D50	AM	43.52 (TRM)	2:14.65 (TRM)	1:26.19 (TRM)	4:54.07 (2)	180.509	
2	39	Monique Boerema	D50	HA	45.19 (2)	2:16.80 (2)	1:29.23 (2)	4:55.17 (3)	184.600	4.091
3	40	Lian van Dongen	D50	BR	46.44 (3)	2:18.69 (3)	1:30.54 (3)	4:51.56 (TRM)	186.533	6.024
4	43	Marlies de Jong	D50	HV	47.78 (5)	2:25.40 (PB)	1:34.37 (4)	5:12.97 (4)	195.592	15.083
5	42	Astrid Janssen	D50	AM	47.68 (4)	2:26.73 (5)	1:35.09 (6)		144.135	
6	48	Anita Smit-Groot	D50	AL	48.21 (6)	2:28.72 (7)	1:34.90 (PB)		145.233	
7	49	Ciska Stark	D50	UT	48.34 (7)	2:28.34 (6)	1:36.73 (7)		146.151	
8	45	Marja Roos	D50	AM	49.34 (8)	2:29.30 (8)	1:37.14 (8)		147.676	
9	41	Mariska van Haften	D50	UT	50.51 (9)	2:31.06 (9)	1:40.48 (9)		151.103	

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Nr	Dln	Deelnemer	Cat	Baan	500m	1500m	1000m	3000m	Totaal	Achter
1	56	Lettie Zwanenburg	D55	UT	48.09 (2)	2:23.80 (TRM)	1:34.09 (TRM)	5:05.78 (TRM)	194.031	
2	53	Marianne de Neeling	D55	DH	48.07 (TRM)	2:25.23 (2)	1:34.29 (2)	5:07.96 (2)	194.951	0.920
3	55	Noor van der Ster	D55	BR	48.41 (3)	2:27.78 (3)	1:35.70 (3)	5:16.29 (3)	198.235	4.204
1	50	Barbara Heerschop	D60	HV	49.67 (TRM)	2:34.66 (TRM)	1:39.79 (TRM)		151.118	
4	51	Nellie Kea	D55	AM	50.96 (4)	2:38.67 (4)	1:40.52 (PB)		154.110	
5	54	Betsie Slaghuis	D55	DV	53.80 (5)	2:46.08 (5)	1:47.47 (5)		162.895	

**Heren Senioren B**

Nr	Dln	Deelnemer	Cat	Baan	500m	3000m	1500m	5000m	Totaal	Achter
1	61	Mark Ooijevaar	HSB	HN	40.75 (6)	3:57.88 (1)	1:55.88 (1)	6:43.99 (1)	159.421	
2	67	Jasper van Tol	HSB	AM	41.20 (7)	4:03.40 (PB)	1:57.91 (PB)	6:56.61 (2)	162.730	3.309
3	64	Jeroen Schoppink	HSB	EN	38.96 (3)	4:16.64 (4)	1:56.90 (2)	7:46.18 (6)	167.317	7.896
4	57	Dennis Bloedjes	HSB	AL	41.98 (PB)	4:18.20 (PB)	2:04.27 (PB)	7:33.82 (PB)	171.818	12.397
5	70	Olaf Wit	HSB	AM	41.46 (PB)	4:23.86 (PB)	2:04.79 (7)		127.033	
6	59	Eelco Kooistra	HSB	HV	42.49 (12)	4:21.10 (6)	2:06.13 (8)		128.050	
7	58	Job Bohnen	HSB	AM	40.17 (5)	4:36.87 (11)	2:06.86 (10)		128.601	
8	60	Jurre Kranenborg	HSB	DV	41.51 (9)	4:33.79 (9)	2:06.66 (9)		129.361	
9	66	Laurens Taekema	HSB	HV	42.30 (11)	4:30.69 (8)	2:07.25 (11)		129.831	
10	63	Melvyn Roerdink	HSB	AM	43.91 (13)	4:36.83 (10)	2:10.12 (12)		133.421	

**Heren Masters 40**

Nr	Dln	Deelnemer	Cat	Baan	500m	3000m	1500m	5000m	Totaal	Achter
1	75	Arjan Elferink	H40	GR	39.46 (TRM)	4:08.22 (TRM)	1:57.31 (TRM)	7:15.01 (1)	163.434	
2	79	Kees Hooft	H40	AM	41.32 (PB)	4:15.48 (PB)	2:02.46 (3)	7:15.15 (PB)	168.235	4.801
3	82	Jan Anne Woelders	H40	EN	40.55 (3)	4:20.29 (6)	2:03.42 (4)	7:43.10 (4)	171.381	7.947
4	78	Roberto van Goor	H40	DV	42.65 (8)	4:18.86 (PB)	2:04.41 (PB)	7:31.83 (PB)	172.446	9.012
5	71	Eric van den Berg	H40	UT	41.31 (5)	4:33.25 (7)	2:05.19 (PB)		128.581	
6	81	Peter Van der Vorst	H40	UT	41.16 (4)	4:41.76 (10)	2:08.98 (8)		131.113	
7	73	Emiel de Haan	H40	DH	41.57 (7)	4:43.56 (11)	2:08.71 (7)		131.733	
8	77	Geert Fekken	H40	HV	42.78 (9)	4:41.50 (9)	2:10.02 (9)		133.036	
9	76	Wopko Faber	H40	HV	43.84 (10)	4:38.77 (PB)	2:14.64 (10)		135.181	

**Heren Masters 45**

Nr	Dln	Deelnemer	Cat	Baan	500m	3000m	1500m	5000m	Totaal	Achter
1	84	Hans van der Does	H45	DH	41.78 (5)	4:21.63 (2)	2:04.35 (TRM)	7:34.33 (2)	172.268	
2	96	Danny Witkamp	H45	HA	42.22 (7)	4:16.80 (1)	2:06.71 (5)	7:33.06 (1)	172.562	0.294
3	91	Paul Robijn	H45	DH	42.26 (8)	4:22.99 (3)	2:05.11 (2)	7:41.44 (3)	173.938	1.670
4	89	Wijnand Kooiman	H45	DH	41.39 (2)	4:26.28 (6)	2:06.08 (4)	7:47.19 (4)	174.515	2.247
5	94	Jan van der Stouwe	H45	HV	40.12 (TRM)	4:33.88 (12)	2:05.12 (3)		127.473	
6	85	Mario Hagen	H45	AM	41.42 (3)	4:29.78 (9)	2:07.67 (6)		128.939	
7	95	Vincent van Wersch	H45	BR	41.73 (4)	4:28.16 (8)	2:09.05 (7)		129.439	
8	83	Marco Bottelier	H45	AL	43.68 (12)	4:26.63 (PB)	2:09.93 (9)		131.428	
9	86	Rene van Hofslot	H45	UT	43.51 (11)	4:30.38 (11)	2:09.82 (8)		131.846	
10	92	Gert van der Scheer	H45	AS	42.91 (9)	4:23.85 (4)	2:23.51 (11)		134.721	

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Nr	Dln	Deelnemer	Cat	Baan	500m	3000m	1500m	5000m	Totaal	Achter
1	110	Gerard Snel	H50	DH	43.61 (10)	4:24.20 (TRM)	2:08.65 (2)	7:26.48 (PB)	175.174	
2	113	Herman Vermeer	H50	UT	44.27 (15)	4:25.31 (2)	2:07.74 (TRM)	7:25.10 (TRM)	175.578	0.404
3	100	Bart Brinksma	H50	AM	43.16 (6)	4:32.43 (5)	2:10.62 (6)	7:55.69 (3)	179.674	4.500
4	97	Klaas van den Berg	H50	UT	42.30 (4)	4:36.22 (7)	2:09.18 (3)	8:06.01 (4)	179.997	4.823
5	99	Ruud Bouwmeester	H50	AM	42.38 (5)	4:36.50 (8)	2:09.25 (4)		131.546	
6	111	Richard Stolwijk	H50	DH	41.90 (2)	4:36.80 (9)	2:12.17 (8)		132.089	
7	106	Ivo Meijer	H50	HN	43.26 (7)	4:33.37 (6)	2:10.31 (5)		132.257	
8	102	Roland ten Klooster	H50	DH	42.00 (3)	4:44.19 (13)	2:11.46 (7)		133.185	
9	112	Jim Verdurmen	H50	HA	44.26 (14)	4:32.26 (MT)	2:13.05 (9)		133.986	
10	108	Richard Scheerder	H50	UT	44.14 (12)	4:51.62 (16)	2:15.11 (12)		137.779	
11	107	Marco Roos	H50	AM	45.42 (16)	4:50.51 (15)	2:14.61 (11)		138.708	
12	114	Grietsen Wijma	H50	HV	43.42 (9)	5:03.30 (17)	2:14.32 (10)		138.743	
13	115	Andre van Zaane	H50	AM	45.61 (17)	4:47.73 (14)	2:19.82 (13)		140.171	
14	101	Emile Jansen	H50	NY	44.17 (13)	4:28.30 (MT)	3:11.46 (FL)		152.706	

**Heren Masters 55**

Nr	Dln	Deelnemer	Cat	Baan	500m	3000m	1500m	5000m	Totaal	Achter
1	116	Arjan Bakker	H55	DH	41.67 (TRM)	4:10.22 (TRM)	2:03.14 (TRM)	7:17.42 (TRM)	168.161	
2	126	Harm Smit	H55	UT	44.20 (5)	4:27.36 (MT)	2:09.42 (2)	7:43.07 (3)	178.207	10.046
3	130	John van der Vlugt	H55	HA	44.17 (4)	4:30.13 (3)	2:12.30 (3)	7:42.66 (2)	179.557	11.396
4	121	Ton van Klooster	H55	UT	44.79 (10)	4:30.46 (PB)	2:12.48 (4)	7:50.00 (4)	181.026	12.865
5	131	Sietse van der Werff	H55	AM	44.21 (6)	4:40.51 (6)	2:13.37 (7)		135.418	
6	125	Jan Smid	H55	GR	44.11 (3)	4:43.08 (7)	2:13.10 (5)		135.656	
7	117	Jann van Benthem	H55	EN	45.26 (11)	4:37.69 (5)	2:13.22 (6)		135.998	
8	128	Rennie Verloop	H55	HN	44.63 (8)	4:47.52 (10)	2:14.01 (9)		137.220	
9	124	Bert Piek	H55	HV	44.04 (2)	4:53.26 (11)	2:13.81 (8)		137.519	
10	122	Kees Langeveld	H55	HA	46.47 (14)	4:45.91 (MT)	2:14.44 (10)		138.934	
11	119	Johan de Heer	H55	UT	46.11 (13)	4:44.43 (8)	2:18.26 (12)		139.601	
12	127	Ferd Veelenturf	H55	DH	44.60 (7)	5:00.44 (13)	2:15.87 (11)		139.963	
13	118	Ad Groot	H55	AL	45.53 (12)	4:56.33 (12)	2:21.48 (13)		142.078	

**Heren Masters 60**

Nr	Dln	Deelnemer	Cat	Baan	500m	3000m	1500m	5000m	Totaal	Achter
1	135	Victor van den Hoff	H60	HA	42.34 (TRM)	4:35.79 (TRM)	2:07.39 (TRM)	8:20.14 (2)	180.782	
2	138	Hans van Peperstraten	H60	UT	44.30 (4)	4:45.44 (4)	2:14.27 (3)	8:03.91 (1)	185.020	4.238
3	139	Pieter Siemonsma	H60	HV	43.91 (2)	4:44.24 (2)	2:13.93 (2)	8:21.09 (4)	186.035	5.253
4	141	Frank Steenkamp	H60	DH	45.75 (7)	4:44.80 (3)	2:17.98 (6)	8:19.65 (3)	189.174	8.392
5	140	Sallo Spetter	H60	HA	44.08 (3)	4:46.49 (5)	2:14.83 (4)		136.771	
6	137	Dirk van Leen	H60	HN	44.81 (5)	4:50.15 (7)	2:19.22 (7)		139.575	
7	133	Twan den Braber	H60	BR	46.32 (8)	4:50.08 (6)	2:16.95 (5)		140.316	
8	142	Kees Versluis	H60	UT	45.50 (6)	4:58.63 (8)	2:20.87 (8)		142.227	
9	134	Thomas Hoekstra	H60	UT	46.81 (9)	5:04.62 (9)	2:22.34 (9)		145.026	

**Heren Masters 65**

Nr	Dln	Deelnemer	Cat	Baan	500m	1500m	1000m	3000m	Totaal	Achter
1	147	Harrie Doesburg	H65	GR	45.00 (2)	2:13.63 (2)	1:28.32 (2)	4:35.26 (TRM)	179.579	
2	153	Wibe Veenbaas	H65	UT	44.96 (1)	2:13.50 (TRM)	1:27.23 (TRM)	4:45.37 (2)	180.636	1.057
3	148	Pieter den Dunnen	H65	BR	46.42 (5)	2:16.73 (3)	1:29.99 (3)	4:55.25 (4)	186.199	6.620
4	154	Jan Zijp	H65	AL	45.53 (3)	2:20.81 (5)	1:32.50 (5)	4:54.20 (3)	187.749	8.170
5	143	Niek Bodiffee	H65	AM	45.82 (4)	2:20.69 (4)	1:32.02 (4)		138.726	
6	146	Gerke Corstiaensen	H65	UT	46.79 (6)	2:21.67 (6)	1:33.10 (6)		140.563	
7	144	Jan Boelen	H65	HV	46.88 (7)	2:25.88 (7)	1:33.40 (7)		142.206	
8	151	Hans ten Hag	H65	DV	47.20 (8)	2:26.25 (8)	1:33.57 (8)		142.735	
9	145	Ypke Bouma	H65	HV	48.47 (9)	2:31.16 (9)	1:36.54 (9)		147.126	

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1	158	Jan van der Meulen	H70	EV	45.76 (TRM)	2:20.69 (TRM)	1:30.56 (TRM)	5:00.49 (TRM)	188.017	
2	156	Wim Brand	H70	DV	47.60 (2)	2:24.73 (2)	1:32.93 (2)	5:05.44 (2)	193.214	5.197
3	163	Nico Woldendorp	H70	DH	47.90 (3)	2:27.08 (3)	1:35.08 (MT)	5:14.52 (3)	196.886	8.869
4	162	Bram de Vries	H70	AM	48.15 (4)	2:28.73 (4)	1:36.37 (MT)	5:22.05 (4)	199.586	11.569
5	155	Gerard de Boer	H70	AS	51.65 (6)	2:37.53 (5)	1:42.32 (5)		155.320	
6	157	Jaap Groenendal	H75	GR	54.21 (1)	2:43.41 (TRM)	1:47.20 (TRM)		162.280	6.960
7	159	Jan van Niejenhuis	H70	UT	51.97 (7)	2:49.15 (7)	1:49.62 (6)		163.163	7.843