



NK SUPERSPRINT & PURE SPRINT
JUNIOREN A-B-C en (NEO)-SENIOREN
1 FEB. 2015
IREEN WÜST IJSBAAN, TILBURG

Aanvang 13.30 uur
Toegang gratis

KNISB

Hoofdsponsor KNSB
kpn

Organisatie comité

| | |
|----------------------------|-------------------|
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| Wedstrijdleider: | Christ Krijnen |
| Secretariaat | Irene Gilbey |
| Jurycoördinator: | Petra Mackowiak |
| Technische zaken: | Pieter v/d Steen |
| Wedstrijdorganisatie: | Bert Haans |
| | Johan Hermans |

Het organisatie comité bedankt:

Gemeente en Sportbedrijf Tilburg.
KNSB Gewest Noord Brabant – Limburg – Zeeland.
Scheidsrechters en Starters.
Juryleden en Vrijwilligers

| | |
|--------------------------|--|
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| Starters | Luc Heemskerk / Jelle Jan d.Jong |
| Waarnemer | Janny Smegen |
| Aanwezig namens SBLKB | Andries Kramer |
| Wedstrijdleader | Christ Krijnen |
| Ass. wedstrijdleader | Alexander Breij |
| Speaker | Frank Claus |
| Sara | Bert Haans / Johan Hermans |
| AT/ET | Pieter van der Steen / Ria Haans |
| Jury coördinator | Petra Mackowiak |
| Chef handtijd | Gert – Jan Kerst |
| Handtijd | Godelief Sperber Fons Oomen Jan van Vliet Willy van Vliet Hans Colstee Judith Colstee Ralph Gilbey Wim Antonissen |
| Start/stop | Sanne van Duijnhoven |
| Assistent starter | Frans van Riel |
| Commissaris van vertrek | Marco van Duijnhoven |
| Commissaris van aankomst | Joost Hermans |
| Kruising Commissaris | Gijs Mutsaers |
| Bochtencommissaris | Brigitte Vromans Tim Princen Sjef de Bont Veerle Fijnaut Ad Kerst |
| ICT ondersteuning | Broer van Smeden |
| OC-fotograaf | Henk Haans |
| EHBO | Vereniging KNV Tilburg |
| Kopiëren | Irene Gilbey |
| Accreditaties, aanmelden | Lia Krijnen / Corry Niemans |
| Protocollen | Bert Haans |
| Coördinator blokjes | Petra Mackowiak |
| Blokjes leggers | Thomas Jansen Quinty Breij Renske Elzerman Kenny de Leeuw |
| Verzorging | Horeca-T-Kwadraat |
| Algemene ondersteuning | Alle andere Vrijwilligers |
| Ireen Wüst ijsbaan | Mariska Ensink |
| IJsmeester | Theo Jansen |

Deelnemerslijst Junioren A

Dames

- 1 DH48031 Dione Voskamp
~~HN01295 Fabienne Winkel~~
- 2 HA01012 Naomi Weeland
- 3 DH52411 Ariane Smit
- 4 EN09336 Maaïke Laagland
- 5 HV31606 Carmen Dam
- 6 HV36012 Aniek Sikma
~~HV31883 Rianne Jorritsma~~
- 7 EN00733 Nienke Kleinsman
- 8 AS35594 Sanne Bouwmeester
- 9 HN00412 Anouk Karel
- 10 HA03371 Tessa Sintenie
- 11 HN00692 Danielle Ootes
- 12 UT03967 Marjolein van der Steen
- 13 DH10299 Esmay van der Meer
- 14 HN00761 Monica Tuijp
~~HA03378 Esther Kiel~~
- 15 EN09518 Anouk Sanders
- 16 GR31283 Myron Koops
- 17 HV31601 Merel Brunsmann
~~HN00289 Beau Wagemaker~~
~~DV06364 Tessa Lucas~~
- 18 HA04248 Manon Floris
- 19 NY60867 Josje Zwartkruis
~~AL05926 Claretta Caravita~~

Heren

- 1 DH20297 Jelle van Klink
- 2 HA03420 Jelte Boersma
- 3 HA02674 Kevin Schelling
- 4 HA02869 Barry Spaan
- 5 HN00009 Twan Berlijn
- 6 EN00798 Thomas Geerdinck
- 7 EN09354 Tim van Benthem
- 8 EN09312 Ruben Blenk
- 9 DT20047 Hille Drenth
~~HN00654 Jeop Kalverdijk~~
- 10 DH35657 Thijmen Polman
- 11 TB02004 Thomas van Dijk
- 12 HN00069 Thomas Rinia
- 13 HN01446 Max Doornbos
~~AM02560 Victor Ramler~~
- 14 EN23001 Casper de Gier
- 15 BR12018 Tom van der Wolf
- 16 TB01019 Marvin Muijs
- 17 EN00158 Thijs ten Kampe
- 18 UT03963 Martijn Lauppe
- 19 DV48223 Bart Kuitert
- 20 EN09335 Rynald Kip
- R3 HV44032 Dennis de Jong
- R4 EN01052 Mike Huizenga

Foto: Henk Haans



Deelnemerslijst Neo/Senioren

Dames

- 1 HN01449 Tessa van der Neut
~~DH50129 Kimberly Nieuworth~~
- 2 AM01278 Annette Gerritsen
- 3 HV31707 Moniek Klijnstra
- 4 HV31730 Mayon Kuipers
- 5 HV43911 Bente van den Berge
- 6 HV44531 Thijsje Oenema
- 7 HV34078 Letitia de Jong
- 8 HV34257 Steffi Wubben
- 9 HV31175 Anice Das
- 10 GR30013 Bo van der Werf
~~AL04527 Rosa Pater~~
- 11 AM08522 Emma van Rijn
~~BR07386 Esmeralda Nieuwendorp~~
- 12 DV04170 Lotte van Beek
- 13 HN00030 Melinda Groot
- 14 DH10288 Maud van der Meer
- 15 HV34093 Janetta Tolsma
- 16 EN00784 Mignon Goeree
- 17 HN00471 Eva-Sterre Bording
- 18 UT03316 Anne-Marthe de Heer
- 19 HV31896 Floor van der Brandt
- 20 HV31416 Janine Smit
- 21 EN13183 Claudia Henckel
- 22 BR02187 Clarissa van Maaren

Heren

- 1 HV22688 Rolf Haaze
- 2 AM01378 Albert Jan Gerritsen
- 3 HV22540 Niels Olivier
- 4 DV48195 Sander Meijerink
- 5 HN01383 Frerik Scheffer
- 6 DV05000 Gijs Esders
- 7 DV51178 Marc Horstman
- 8 AS35571 Jordy Sanders
- 9 DV21386 Ruben Broekhuizen
- 10 HN00368 Rudy Meereboer
~~BR05120 Bob Beijen~~
~~HA00300 Cornelius Kersten~~
- 11 GR31443 Daidai Ntab
- 12 AM17010 Maico Voets
- 13 HA02234 Menno Kramer
~~UT03478 Jouke Hennipman~~
- 14 HN00492 Oscar van Leen
- 15 HN01300 Lennard Frinking
- 16 EN07086 Joost Grooters
- 17 GR97627 Sam van Damme

- 18 GR27616 Jeljer Haarsma
- 19 HV27048 Rick Schipper
- 20 AM05750 Sven Prins



Foto Henk Haans

Datum: 01-02-2015

Tussenklassement na 2 afstanden

Print: 01-02-2015 21:45 uur

DAMES JUNIOREN A - Dames

| Nr | Dln | Deelnemer | Cat | Club | 100m | 300m | Totaal | 500m |
|----|-----|-------------------------|-----|---------|------------|-------------|--------|-------|
| 1 | 90 | Dione Voskamp | DA1 | HVHW | 11.15 (1) | 26.26 (TRA) | 19.903 | |
| 2 | 91 | Naomi Weeland | DA1 | Y ZW | 11.33 (PB) | 26.33 (PB) | 20.106 | 01.02 |
| 3 | 94 | Carmen Dam | DA2 | HCH | 11.24 (PB) | 26.87 (4) | 20.196 | 01.47 |
| 4 | 98 | Anouk Karel | DA1 | HOORN | 11.44 (5) | 27.14 (6) | 20.486 | 02.92 |
| 5 | 102 | Esmay van der Meer | DA2 | ALK | 11.52 (6) | 26.92 (5) | 20.493 | 02.95 |
| 6 | 93 | Maaïke Laagland | DA2 | HYC | 11.61 (9) | 26.85 (3) | 20.560 | 03.29 |
| 7 | 96 | Nienke Kleinsman | DA2 | IJSCH | 11.67 (11) | 27.26 (PB) | 20.756 | 04.27 |
| 8 | 103 | Monica Tuijp | DA1 | PURMRND | 11.58 (PB) | 27.63 (8) | 20.790 | 04.44 |
| 9 | 95 | Aniek Sikma | DA1 | HCH | 11.55 (7) | 27.83 (13) | 20.826 | 04.62 |
| 10 | 99 | Tessa Sintenie | DA2 | HLM | 11.64 (10) | 27.63 (8) | 20.850 | 04.74 |
| 11 | 101 | Marjolein van der Steen | DA2 | LOOSDRE | 11.74 (12) | 27.77 (PB) | 20.996 | 05.47 |
| 12 | 104 | Anouk Sanders | DA2 | HYC | 11.77 (PB) | 27.69 (10) | 21.000 | 05.49 |
| 13 | 105 | Myron Koops | DA1 | YV GRON | 11.79 (14) | 27.91 (14) | 21.093 | 05.95 |
| 14 | 100 | Danielle Ootes | DA1 | PURMRND | 11.95 (15) | 27.78 (PB) | 21.210 | 06.54 |
| 15 | 106 | Merel Brunsmann | DA1 | HCH | 12.11 (17) | 28.23 (15) | 21.520 | 08.09 |
| 16 | 97 | Sanne Bouwmeester | DA2 | STG SCH | 12.16 (18) | 28.31 (16) | 21.596 | 08.47 |
| 17 | 107 | Manon Floris | DA2 | STG Z | 12.02 (16) | 28.80 (17) | 21.620 | 08.59 |
| 18 | 108 | Josje Zwartkruis | DA1 | NSV | 12.38 (19) | 28.80 (17) | 21.980 | 10.39 |
| | 92 | Ariane Smit | DA1 | SVR | 11.30 (PB) | NF (NF) | 11.300 | |

Datum: 01-02-2015

Tussenklassement na 2 afstanden

Print: 01-02-2015 21:45 uur

HEREN JUNIOREN A - Heren

| Nr | Dln | Deelnemer | Cat | Club | 100m | 300m | Totaal | 500m |
|----|-----|------------------|-----|---------|------------|------------|--------|-------|
| 1 | 110 | Jelte Boersma | HA1 | HLM | 10.16 (1) | 24.06 (2) | 18.180 | |
| 2 | 111 | Kevin Schelling | HA2 | YNUTVE | 10.29 (PB) | 24.05 (1) | 18.306 | 00.63 |
| 3 | 114 | Thomas Geerdinck | HA2 | IJSCH | 10.33 (PB) | 24.41 (3) | 18.466 | 01.43 |
| 4 | 112 | Barry Spaan | HA2 | Y NZ SP | 10.41 (4) | 24.59 (5) | 18.606 | 02.13 |
| 5 | 119 | Thomas van Dijk | HA2 | VENNEN | 10.51 (7) | 24.49 (PB) | 18.673 | 02.47 |
| 6 | 124 | Marvin Muijs | HA1 | YCT | 10.49 (PB) | 24.59 (PB) | 18.686 | 02.53 |
| 7 | 118 | Thijmen Polman | HA1 | YVZ | 10.55 (10) | 24.59 (PB) | 18.746 | 02.83 |
| 8 | 121 | Max Doornbos | HA1 | KOGGENL | 10.48 (5) | 24.87 (10) | 18.770 | 02.95 |
| 9 | 113 | Twan Berlijn | HA1 | SOLIDAQ | 10.51 (7) | 24.88 (11) | 18.803 | 03.12 |
| 10 | 117 | Hille Drenth | HA2 | LWSK | 10.53 (9) | 25.05 (13) | 18.880 | 03.50 |
| 11 | 123 | Tom van der Wolf | HA1 | HW | 10.55 (PB) | 25.00 (12) | 18.883 | 03.52 |
| 12 | 120 | Thomas Rinia | HA1 | KOGGENL | 10.69 (13) | 24.76 (PB) | 18.943 | 03.82 |
| 13 | 115 | Tim van Benthem | HA1 | HYC | 10.77 (16) | 24.85 (9) | 19.053 | 04.37 |
| | 109 | Jelle van Klink | HA2 | WYC | 10.69 (13) | 25.09 (PB) | 19.053 | 04.37 |
| | 116 | Ruben Blenk | HA2 | HYC | 10.66 (12) | 25.18 (17) | 19.053 | 04.37 |
| 16 | 126 | Martijn Lauppe | HA1 | LOOSDRE | 10.72 (PB) | 25.32 (PB) | 19.160 | 04.90 |
| 17 | 128 | Rynald Kip | HA2 | HYC | 10.79 (17) | 25.15 (PB) | 19.173 | 04.97 |
| 18 | 125 | Thijs ten Kampe | HA2 | IJSCH | 10.91 (PB) | 25.26 (18) | 19.330 | 05.75 |
| 19 | 127 | Bart Kuitert | HA1 | LOCHEM | 11.05 (19) | 25.70 (20) | 19.616 | 07.18 |
| | 122 | Casper de Gier | HA2 | STOFW | NS (NS) | 25.14 (15) | 8.380 | |

Datum: 01-02-2015

Tussenklassement na 2 afstanden

Print: 01-02-2015 21:45 uur

DAMES (neo)SENIOREN - Dames

| Nr | Dln | Deelnemer | Cat | Club | 100m | 300m | Totaal | 500m |
|----|-----|----------------------|-----|---------|-------------|-------------|--------|-------|
| 1 | 135 | Thijsje Oenema | DSA | STD | 10.63 (1) | 24.83 (TRS) | 18.906 | |
| 2 | 149 | Floor van den Brandt | DSA | HCH | 10.63 (TRS) | 25.10 (2) | 18.996 | 00.45 |
| 3 | 131 | Annette Gerritsen | DSA | HCA | 10.68 (3) | 25.27 (3) | 19.103 | 00.99 |
| 4 | 150 | Janine Smit | DSA | HCH | 10.74 (4) | 25.54 (6) | 19.253 | 01.74 |
| 5 | 134 | Bente van den Berge | DN1 | YC IJSL | 10.78 (5) | 25.56 (PB) | 19.300 | 01.97 |
| 6 | 133 | Mayon Kuipers | DSA | HCH | 10.95 (6) | 25.70 (8) | 19.516 | 03.05 |
| 7 | 132 | Moniek Klijnstra | DN3 | HCH | 10.99 (8) | 25.76 (9) | 19.576 | 03.35 |
| 8 | 136 | Letitia de Jong | DN3 | YC FERW | 10.95 (6) | 26.53 (11) | 19.793 | 04.44 |
| 9 | 145 | Janetta Tolsma | DN1 | YC FERW | 11.15 (10) | 26.63 (14) | 20.026 | 05.60 |
| 10 | 143 | Melinda Groot | DN2 | KOGGENL | 11.13 (9) | 26.85 (17) | 20.080 | 05.87 |
| 11 | 141 | Emma van Rijn | DN3 | 5 DORP | 11.28 (12) | 26.42 (10) | 20.086 | 05.90 |
| 12 | 144 | Maud van der Meer | DN1 | ALK | 11.23 (11) | 26.73 (16) | 20.140 | 06.17 |
| 13 | 142 | Lotte van Beek | DN4 | DYC | 11.31 (13) | 26.62 (13) | 20.183 | 06.39 |

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|----|-----|---------------------|-----|---------|-------|---------|-------|-------|--------|-------|
| 14 | 130 | Tessa van der Neut | DN1 | KOGGENL | 11.34 | (14) | 26.59 | (12) | 20.203 | 06.49 |
| 15 | 137 | Steffi Wubben | DN1 | YC FERW | 11.47 | (15) | 26.72 | (15) | 20.376 | 07.35 |
| 16 | 152 | Clarissa van Maaren | DN2 | DYWA | 11.49 | (17) | 26.91 | (18) | 20.460 | 07.77 |
| 17 | 147 | Eva-Sterre Bording | DN1 | STGWATE | 11.56 | (19) | 26.94 | (19) | 20.540 | 08.17 |
| 18 | 146 | Mignon Goeree | DN4 | SYE | 11.54 | (18) | 27.16 | (20) | 20.593 | 08.44 |
| 19 | 148 | Anne-Marthe de Heer | DN3 | VECHTST | 11.56 | (19) | 27.62 | (21) | 20.766 | 09.30 |
| 20 | 151 | Claudia Henckel | DSA | SKEUVEL | 11.48 | (PB) | 27.90 | (22) | 20.780 | 09.37 |
| 21 | 139 | Bo van der Werff | DN3 | YV GRON | 19.21 | (FL) | 25.47 | (TRN) | 27.700 | 43.97 |
| | 138 | Anice Das | DSA | HCH | | DQ (DQ) | 25.51 | (PB) | 8.503 | |

Datum: 01-02-2015

Tussenklassement na 2 afstanden

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HEREN (neo)SENIOREN - Heren

| Nr | DIn | Deelnemer | Cat | Club | 100m | 300m | Totaal | 500m | | |
|----|-----|----------------------|-----|---------|-------|---------|--------|-------|--------|-------|
| 1 | 164 | Daidai Ntab | HN1 | YV GRON | 09.73 | (TRN) | 22.74 | (TRN) | 17.310 | |
| 2 | 167 | Oscar van Leen | HN3 | KOGGENL | 09.92 | (2) | 23.42 | (PB) | 17.726 | 02.08 |
| 3 | 162 | Rudy Meereboer | HSA | PURMRND | 10.13 | (3) | 23.86 | (TRS) | 18.083 | 03.87 |
| 4 | 166 | Menno Kramer | HN2 | BLBE | 10.16 | (4) | 24.56 | (12) | 18.346 | 05.18 |
| 5 | 158 | Gijs Esders | HN4 | DYC | 10.40 | (6) | 23.96 | (5) | 18.386 | 05.38 |
| 6 | 156 | Sander Meijerink | HN2 | LOCHEM | 10.32 | (5) | 24.24 | (7) | 18.400 | 05.45 |
| 7 | 157 | Frerik Scheffer | HN1 | HCA | 10.43 | (8) | 24.16 | (6) | 18.483 | 05.87 |
| 8 | 172 | Rick Schipper | HN1 | RUTTEN | 10.42 | (PB) | 24.41 | (PB) | 18.556 | 06.23 |
| 9 | 159 | Marc Horstman | HN2 | ZWOLLE | 10.48 | (12) | 24.41 | (8) | 18.616 | 06.53 |
| 10 | 171 | Jeljer Haarsma | HN4 | GSSVTJA | 10.43 | (8) | 24.60 | (14) | 18.630 | 06.60 |
| 11 | 165 | Maico Voets | HN3 | ASV | 10.47 | (11) | 24.54 | (11) | 18.650 | 06.70 |
| 12 | 161 | Ruben Broekhuizen | HN2 | VKNG HA | 10.48 | (12) | 24.58 | (13) | 18.673 | 06.82 |
| 13 | 153 | Rolf Haaze | HSA | RUTTEN | 10.44 | (10) | 24.84 | (17) | 18.720 | 07.05 |
| 14 | 173 | Sven Prins | HSA | IJNG | 10.48 | (12) | 24.82 | (16) | 18.753 | 07.22 |
| 15 | 160 | Jordy Sanders | HN1 | STG SCH | 10.48 | (12) | 24.89 | (18) | 18.776 | 07.33 |
| 16 | 169 | Joost Grooters | HSA | SYE | 10.70 | (18) | 24.52 | (10) | 18.873 | 07.82 |
| 17 | 170 | Sam van Damme | HN1 | GSSVTJA | 10.55 | (16) | 25.04 | (19) | 18.896 | 07.93 |
| 18 | 168 | Lennard Frinking | HN1 | KOGGENL | 10.70 | (18) | 24.62 | (15) | 18.906 | 07.98 |
| 19 | 154 | Albert Jan Gerritsen | HSA | HCA | 10.61 | (17) | 25.30 | (20) | 19.043 | 08.67 |
| | 155 | Niels Olivier | HN3 | RUTTEN | | NS (NS) | 23.84 | (3) | 7.946 | |

Datum: 01-02-2015

Klassement na 3 afstanden

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DAMES JUNIOREN A - Dames

| Nr | DIn | Deelnemer | Cat | Club | 100m | 300m | 500m | Totaal | Achter | | | |
|----|-----|-------------------------|-----|---------|-------|------|-------|---------|--------|------|--------|-------|
| 1 | 90 | Dione Voskamp | DA1 | HVHW | 11.15 | (1) | 26.26 | (TRA) | 41.19 | (1) | 28.141 | |
| 2 | 91 | Naomi Weeland | DA1 | Y ZW | 11.33 | (PB) | 26.33 | (PB) | 41.19 | (1) | 28.344 | 0.203 |
| 3 | 94 | Carmen Dam | DA2 | HCH | 11.24 | (PB) | 26.87 | (4) | 42.19 | (3) | 28.634 | 0.493 |
| 4 | 93 | Maike Laagland | DA2 | HYC | 11.61 | (9) | 26.85 | (3) | 42.22 | (4) | 29.004 | 0.863 |
| 5 | 98 | Anouk Karel | DA1 | HOORN | 11.44 | (5) | 27.14 | (6) | 42.85 | (5) | 29.056 | 0.915 |
| 6 | 102 | Esmay van der Meer | DA2 | ALK | 11.52 | (6) | 26.92 | (5) | 42.85 | (5) | 29.063 | 0.922 |
| 7 | 96 | Nienke Kleinsman | DA2 | IJSCH | 11.67 | (11) | 27.26 | (PB) | 42.87 | (7) | 29.330 | 1.189 |
| 8 | 103 | Monica Tuijp | DA1 | PURMRND | 11.58 | (PB) | 27.63 | (8) | 43.04 | (8) | 29.398 | 1.257 |
| 9 | 99 | Tessa Sintenie | DA2 | HLM | 11.64 | (10) | 27.63 | (8) | 43.42 | (12) | 29.534 | 1.393 |
| 10 | 101 | Marjolein van der Steen | DA2 | LOOSDRE | 11.74 | (12) | 27.77 | (PB) | 43.08 | (9) | 29.612 | 1.471 |
| 11 | 104 | Anouk Sanders | DA2 | HYC | 11.77 | (PB) | 27.69 | (10) | 43.10 | (10) | 29.620 | 1.479 |
| 12 | 95 | Aniek Sikma | DA1 | HCH | 11.55 | (7) | 27.83 | (13) | 44.13 | (15) | 29.652 | 1.511 |
| 13 | 105 | Myron Koops | DA1 | YV GRON | 11.79 | (14) | 27.91 | (14) | 44.08 | (14) | 29.909 | 1.768 |
| 14 | 100 | Danielle Ootes | DA1 | PURMRND | 11.95 | (15) | 27.78 | (PB) | 43.66 | (13) | 29.942 | 1.801 |
| 15 | 106 | Merel Brunsmann | DA1 | HCH | 12.11 | (17) | 28.23 | (15) | 44.30 | (16) | 30.380 | 2.239 |
| 16 | 107 | Manon Floris | DA2 | STG Z | 12.02 | (16) | 28.80 | (17) | 44.62 | (18) | 30.544 | 2.403 |
| 17 | 108 | Josje Zwartkruis | DA1 | NSV | 12.38 | (19) | 28.80 | (17) | 44.52 | (17) | 30.884 | 2.743 |
| | 92 | Ariane Smit | DA1 | SVR | 11.30 | (PB) | | NF (NF) | 43.27 | (11) | 19.954 | |
| | 97 | Sanne Bouwmeester | DA2 | STG SCH | 12.16 | (18) | 28.31 | (16) | | | 21.596 | |

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HEREN JUNIOREN A - Heren

| Nr | Dln | Deelnemer | Cat | Club | 100m | 300m | 500m | Totaal | Achter |
|----|-----|------------------|-----|---------|------------|------------|------------|--------|--------|
| 1 | 110 | Jelte Boersma | HA1 | HLM | 10.16 (1) | 24.06 (2) | 37.89 (1) | 25.758 | |
| 2 | 111 | Kevin Schelling | HA2 | YNUTVE | 10.29 (PB) | 24.05 (1) | 37.90 (2) | 25.886 | 0.128 |
| 3 | 114 | Thomas Geerdinck | HA2 | IJSCH | 10.33 (PB) | 24.41 (3) | 38.18 (3) | 26.102 | 0.344 |
| 4 | 112 | Barry Spaan | HA2 | Y NZ SP | 10.41 (4) | 24.59 (5) | 38.29 (4) | 26.264 | 0.506 |
| 5 | 119 | Thomas van Dijk | HA2 | VENNEN | 10.51 (7) | 24.49 (PB) | 38.45 (5) | 26.363 | 0.605 |
| 6 | 118 | Thijmen Polman | HA1 | YVZ | 10.55 (10) | 24.59 (PB) | 38.84 (8) | 26.514 | 0.756 |
| 7 | 124 | Marvin Muijs | HA1 | YCT | 10.49 (PB) | 24.59 (PB) | 39.43 (PB) | 26.572 | 0.814 |
| 8 | 121 | Max Doornbos | HA1 | KOGGENL | 10.48 (5) | 24.87 (10) | 39.24 (11) | 26.618 | 0.860 |
| 9 | 120 | Thomas Rinia | HA1 | KOGGENL | 10.69 (13) | 24.76 (PB) | 38.56 (6) | 26.655 | 0.897 |
| 10 | 123 | Tom van der Wolf | HA1 | HW | 10.55 (PB) | 25.00 (12) | 39.11 (PB) | 26.705 | 0.947 |
| 11 | 117 | Hille Drenth | HA2 | LWSK | 10.53 (9) | 25.05 (13) | 39.41 (15) | 26.762 | 1.004 |
| 12 | 115 | Tim van Benthem | HA1 | HYC | 10.77 (16) | 24.85 (9) | 38.62 (7) | 26.777 | 1.019 |
| 13 | 113 | Twan Berlijn | HA1 | SOLIDAQ | 10.51 (7) | 24.88 (11) | 40.12 (20) | 26.827 | 1.069 |
| 14 | 116 | Ruben Blenk | HA2 | HYC | 10.66 (12) | 25.18 (17) | 39.35 (13) | 26.923 | 1.165 |
| 15 | 109 | Jelle van Klink | HA2 | WYC | 10.69 (13) | 25.09 (PB) | 39.36 (PB) | 26.925 | 1.167 |
| 16 | 128 | Rynald Kip | HA2 | HYC | 10.79 (17) | 25.15 (PB) | 39.45 (17) | 27.063 | 1.305 |
| 17 | 126 | Martijn Lauppe | HA1 | LOOSDRE | 10.72 (PB) | 25.32 (PB) | 39.55 (18) | 27.070 | 1.312 |
| 18 | 125 | Thijs ten Kampe | HA2 | IJSCH | 10.91 (PB) | 25.26 (18) | 39.24 (11) | 27.178 | 1.420 |
| 19 | 127 | Bart Kuitert | HA1 | LOCHEM | 11.05 (19) | 25.70 (20) | 40.07 (19) | 27.630 | 1.872 |

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Klassement na 3 afstanden

Print: 01-02-2015 21:45 uur

DAMES (neo)SENIOREN - Dames

| Nr | Dln | Deelnemer | Cat | Club | 100m | 300m | 500m | Totaal | Achter |
|----|-----|----------------------|-----|---------|-------------|-------------|-------------|--------|--------|
| 1 | 135 | Thijsje Oenema | DSA | STD | 10.63 (1) | 24.83 (TRS) | 38.89 (TRS) | 26.684 | |
| 2 | 149 | Floor van den Brandt | DSA | HCH | 10.63 (TRS) | 25.10 (2) | 39.08 (2) | 26.812 | 0.128 |
| 3 | 131 | Annette Gerritsen | DSA | HCA | 10.68 (3) | 25.27 (3) | 39.53 (4) | 27.009 | 0.325 |
| 4 | 150 | Janine Smit | DSA | HCH | 10.74 (4) | 25.54 (6) | 39.50 (3) | 27.153 | 0.469 |
| 5 | 134 | Bente van den Berge | DN1 | YC IJSL | 10.78 (5) | 25.56 (PB) | 40.40 (10) | 27.380 | 0.696 |
| 6 | 133 | Mayon Kuipers | DSA | HCH | 10.95 (6) | 25.70 (8) | 40.11 (8) | 27.538 | 0.854 |
| 7 | 132 | Moniek Klijnstra | DN3 | HCH | 10.99 (8) | 25.76 (9) | 39.95 (6) | 27.566 | 0.882 |
| 8 | 136 | Letitia de Jong | DN3 | YC FERW | 10.95 (6) | 26.53 (11) | 40.09 (7) | 27.811 | 1.127 |
| 9 | 141 | Emma van Rijn | DN3 | 5 DORP | 11.28 (12) | 26.42 (10) | 41.70 (11) | 28.426 | 1.742 |
| 10 | 143 | Melinda Groot | DN2 | KOGGENL | 11.13 (9) | 26.85 (17) | 42.01 (15) | 28.482 | 1.798 |
| 11 | 130 | Tessa van der Neut | DN1 | KOGGENL | 11.34 (14) | 26.59 (12) | 41.73 (12) | 28.549 | 1.865 |
| 12 | 142 | Lotte van Beek | DN4 | DYC | 11.31 (13) | 26.62 (13) | 41.83 (13) | 28.549 | 1.865 |
| 13 | 145 | Janetta Tolsma | DN1 | YC FERW | 11.15 (10) | 26.63 (14) | 42.68 (18) | 28.562 | 1.878 |
| 14 | 144 | Maud van der Meer | DN1 | ALK | 11.23 (11) | 26.73 (16) | 42.16 (16) | 28.572 | 1.888 |
| 15 | 137 | Steffi Wubben | DN1 | YC FERW | 11.47 (15) | 26.72 (15) | 41.91 (14) | 28.758 | 2.074 |
| 16 | 152 | Clarissa van Maaren | DN2 | DYWA | 11.49 (17) | 26.91 (18) | 42.68 (18) | 28.996 | 2.312 |
| 17 | 147 | Eva-Sterre Bording | DN1 | STGWATE | 11.56 (19) | 26.94 (19) | 42.83 (20) | 29.106 | 2.422 |
| 18 | 146 | Mignon Goeree | DN4 | SYE | 11.54 (18) | 27.16 (20) | 42.67 (17) | 29.127 | 2.443 |
| 19 | 148 | Anne-Marthe de Heer | DN3 | VECHTST | 11.56 (19) | 27.62 (21) | 42.92 (21) | 29.350 | 2.666 |

Datum: 01-02-2015

Klassement na 3 afstanden

Print: 01-02-2015 21:45 uur

HEREN (neo)SENIOREN - Heren

| Nr | Dln | Deelnemer | Cat | Club | 100m | 300m | 500m | Totaal | Achter |
|----|-----|-------------------|-----|---------|-------------|-------------|-------------|--------|--------|
| 1 | 164 | Daidai Ntab | HN1 | YV GRON | 09.73 (TRN) | 22.74 (TRN) | 36.27 (TRN) | 24.564 | |
| 2 | 167 | Oscar van Leen | HN3 | KOGGENL | 09.92 (2) | 23.42 (PB) | 37.07 (2) | 25.140 | 0.576 |
| 3 | 162 | Rudy Meereboer | HSA | PURMRND | 10.13 (3) | 23.86 (TRS) | 37.57 (5) | 25.597 | 1.033 |
| 4 | 158 | Gijs Esders | HN4 | DYC | 10.40 (6) | 23.96 (5) | 37.23 (3) | 25.832 | 1.268 |
| 5 | 156 | Sander Meijerink | HN2 | LOCHEM | 10.32 (5) | 24.24 (7) | 37.65 (7) | 25.930 | 1.366 |
| 6 | 157 | Frerik Scheffer | HN1 | HCA | 10.43 (8) | 24.16 (6) | 37.58 (6) | 25.999 | 1.435 |
| 7 | 166 | Menno Kramer | HN2 | BLBE | 10.16 (4) | 24.56 (12) | 38.31 (11) | 26.008 | 1.444 |
| 8 | 172 | Rick Schipper | HN1 | RUTTEN | 10.42 (PB) | 24.41 (PB) | 38.17 (10) | 26.190 | 1.626 |
| 9 | 159 | Marc Horstman | HN2 | ZWOLLE | 10.48 (12) | 24.41 (8) | 38.01 (8) | 26.218 | 1.654 |
| 10 | 165 | Maico Voets | HN3 | ASV | 10.47 (11) | 24.54 (11) | 38.02 (9) | 26.254 | 1.690 |
| 11 | 171 | Jeljer Haarsma | HN4 | GSSVTJA | 10.43 (8) | 24.60 (14) | 38.52 (14) | 26.334 | 1.770 |
| 12 | 161 | Ruben Broekhuizen | HN2 | VKNG HA | 10.48 (12) | 24.58 (13) | 38.37 (13) | 26.347 | 1.783 |
| 13 | 173 | Sven Prins | HSA | IJNG | 10.48 (12) | 24.82 (16) | 38.54 (15) | 26.461 | 1.897 |
| 14 | 160 | Jordy Sanders | HN1 | STG SCH | 10.48 (12) | 24.89 (18) | 38.81 (16) | 26.538 | 1.974 |

| | | | | | | | | | | | | |
|----|-----|----------------------|-----|---------|-------|------|-------|------|-------|------|--------|-------|
| 15 | 169 | Joost Grooters | HSA | SYE | 10.70 | (18) | 24.52 | (10) | 38.34 | (12) | 26.541 | 1.977 |
| 16 | 153 | Rolf Haaze | HSA | RUTTEN | 10.44 | (10) | 24.84 | (17) | 39.40 | (18) | 26.600 | 2.036 |
| 17 | 168 | Lennard Frinking | HN1 | KOGGENL | 10.70 | (18) | 24.62 | (15) | 38.95 | (17) | 26.696 | 2.132 |
| 18 | 170 | Sam van Damme | HN1 | GSSVTJA | 10.55 | (16) | 25.04 | (19) | 39.65 | (19) | 26.826 | 2.262 |
| 19 | 154 | Albert Jan Gerritsen | HSA | HCA | 10.61 | (17) | 25.30 | (20) | 40.41 | (20) | 27.125 | 2.561 |
| | 155 | Niels Olivier | HN3 | RUTTEN | NS | (NS) | 23.84 | (3) | 37.29 | (4) | 15.404 | |



Datum: 01-02-2015

UITSLAG OP RITVOLGORDE

Print: 01-02-2015 21:45 uur

17: Dames A - 100 meter.

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|-------------------------|---------|-------|--------------|
| 1 | I | 95 | Aniek Sikma | HCH | 11.55 | |
| 1. | | 100m | 11.55 (11.5) | 1. | | |
| 2 | I | 106 | Merel Brunsmann | HCH | 12.11 | |
| | O | 108 | Josje Zwartkruis | NSV | 12.38 | |
| 1. | | 100m | 12.11 (12.1) | 1. | 100m | 12.38 (12.3) |
| 3 | I | 92 | Ariane Smit | SVR | 11.30 | PB |
| | O | 94 | Carmen Dam | HCH | 11.24 | PB |
| 1. | | 100m | 11.30 (11.3) | 1. | 100m | 11.24 (11.2) |
| 4 | I | 102 | Esmay van der Meer | ALK | 11.52 | |
| | O | 101 | Marjolein van der Steen | LOOSDRE | 11.74 | |
| 1. | | 100m | 11.52 (11.5) | 1. | 100m | 11.74 (11.7) |
| 5 | I | 104 | Anouk Sanders | HYC | 11.77 | PB |
| | O | 107 | Manon Floris | STG Z | 12.02 | |
| 1. | | 100m | 11.77 (11.7) | 1. | 100m | 12.02 (12.0) |
| 6 | I | 105 | Myron Koops | YV GRON | 11.79 | |
| | O | 98 | Anouk Karel | HOORN | 11.44 | |

| 1. | | 100m | 11.79 (11.7) | | 1. | 100m | 11.44 (11.4) | |
|-----|-----|------|-------------------|--|---------|------|--------------|------|
| Rit | I/O | DIn | Deelnemer | | Club | | Tijd | Info |
| 7 | I | 91 | Naomi Weeland | | Y ZW | | 11.33 | PB |
| | O | 100 | Danielle Ootes | | PURMRND | | 11.95 | |
| 1. | | 100m | 11.33 (11.3) | | 1. | 100m | 11.95 (11.9) | |
| Rit | I/O | DIn | Deelnemer | | Club | | Tijd | Info |
| 8 | I | 99 | Tessa Sintenie | | HLM | | 11.64 | |
| | O | 97 | Sanne Bouwmeester | | STG SCH | | 12.16 | |
| 1. | | 100m | 11.64 (11.6) | | 1. | 100m | 12.16 (12.1) | |
| Rit | I/O | DIn | Deelnemer | | Club | | Tijd | Info |
| 9 | I | 103 | Monica Tuijp | | PURMRND | | 11.58 | PB |
| | O | 93 | Maike Laagland | | HYC | | 11.61 | |
| 1. | | 100m | 11.58 (11.5) | | 1. | 100m | 11.61 (11.6) | |
| Rit | I/O | DIn | Deelnemer | | Club | | Tijd | Info |
| 10 | I | 90 | Dione Voskamp | | HVHW | | 11.15 | |
| | O | 96 | Nienke Kleinsman | | IJSCH | | 11.67 | |
| 1. | | 100m | 11.15 (11.1) | | 1. | 100m | 11.67 (11.6) | |

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|--------------------------|
| 18: Heren A - 100 meter. |
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| Rit | I/O | DIn | Deelnemer | | Club | | Tijd | Info |
|-----|-----|------|------------------|--|---------|------|--------------|------|
| 11 | I | 117 | Hille Drenth | | LWSK | | 10.53 | |
| | O | 110 | Jelte Boersma | | HLM | | 10.16 | |
| 1. | | 100m | 10.53 (10.5) | | 1. | 100m | 10.16 (10.1) | |
| Rit | I/O | DIn | Deelnemer | | Club | | Tijd | Info |
| 12 | I | 111 | Kevin Schelling | | YNUTVE | | 10.29 | PB |
| | O | 112 | Barry Spaan | | Y NZ SP | | 10.41 | |
| 1. | | 100m | 10.29 (10.2) | | 1. | 100m | 10.41 (10.4) | |
| Rit | I/O | DIn | Deelnemer | | Club | | Tijd | Info |
| 13 | I | 124 | Marvin Muijs | | YCT | | 10.49 | PB |
| | O | 121 | Max Doornbos | | KOGGENL | | 10.48 | |
| 1. | | 100m | 10.49 (10.4) | | 1. | 100m | 10.48 (10.4) | |
| Rit | I/O | DIn | Deelnemer | | Club | | Tijd | Info |
| 14 | I | 122 | Casper de Gier | | STOFW | | NS | NS |
| | O | 123 | Tom van der Wolf | | HW | | 10.55 | PB |
| 1. | | | | | 1. | 100m | 10.55 (10.5) | |
| Rit | I/O | DIn | Deelnemer | | Club | | Tijd | Info |
| 15 | I | 126 | Martijn Lauppe | | LOOSDRE | | 10.72 | PB |
| | O | 113 | Twan Berlijn | | SOLIDAQ | | 10.51 | |
| 1. | | 100m | 10.72 (10.7) | | 1. | 100m | 10.51 (10.5) | |
| Rit | I/O | DIn | Deelnemer | | Club | | Tijd | Info |
| 16 | I | 109 | Jelle van Klink | | WYC | | 10.69 | |
| | O | 116 | Ruben Blenk | | HYC | | 10.66 | |
| 1. | | 100m | 10.69 (10.6) | | 1. | 100m | 10.66 (10.6) | |
| Rit | I/O | DIn | Deelnemer | | Club | | Tijd | Info |
| 17 | I | 125 | Thijs ten Kampe | | IJSCH | | 10.91 | PB |
| | O | 119 | Thomas van Dijk | | VENNEN | | 10.51 | |

| 1. | 100m | 10.91 (10.9) | 1. | 100m | 10.51 (10.5) | |
|-----|------|--------------|------------------|---------|--------------|------|
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 18 | I | 114 | Thomas Geerdinck | IJSCH | 10.33 | PB |
| | O | 120 | Thomas Rinia | KOGGENL | 10.69 | |
| 1. | 100m | 10.33 (10.3) | 1. | 100m | 10.69 (10.6) | |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 19 | I | 115 | Tim van Benthem | HYC | 10.77 | |
| | O | 128 | Rynald Kip | HYC | 10.79 | |
| 1. | 100m | 10.77 (10.7) | 1. | 100m | 10.79 (10.7) | |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 20 | I | 127 | Bart Kuitert | LOCHEM | 11.05 | |
| | O | 118 | Thijmen Polman | YVZ | 10.55 | |
| 1. | 100m | 11.05 (11.0) | 1. | 100m | 10.55 (10.5) | |

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|-------------------------------------|
| 19: Dames (neo) senior - 100 meter. |
|-------------------------------------|

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|------|--------------|----------------------|---------|--------------|------|
| 21 | I | 143 | Melinda Groot | KOGGENL | 11.13 | |
| | O | 150 | Janine Smit | HCH | 10.74 | |
| 1. | 100m | 11.13 (11.1) | 1. | 100m | 10.74 (10.7) | |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 22 | I | 149 | Floor van den Brandt | HCH | 10.63 | TRS |
| | O | 151 | Claudia Henckel | SKEUVEL | 11.48 | PB |
| 1. | 100m | 10.63 (10.6) | 1. | 100m | 11.48 (11.4) | |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 23 | I | 146 | Mignon Goeree | SYE | 11.54 | |
| | O | 133 | Mayon Kuipers | HCH | 10.95 | |
| 1. | 100m | 11.54 (11.5) | 1. | 100m | 10.95 (10.9) | |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 24 | I | 137 | Steffi Wubben | YC FERW | 11.47 | |
| | O | 142 | Lotte van Beek | DYC | 11.31 | |
| 1. | 100m | 11.47 (11.4) | 1. | 100m | 11.31 (11.3) | |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 25 | I | 135 | Thijsje Oenema | STD | 10.63 | |
| | O | 148 | Anne-Marthe de Heer | VECHTST | 11.56 | |
| 1. | 100m | 10.63 (10.6) | 1. | 100m | 11.56 (11.5) | |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 26 | I | 136 | Letitia de Jong | YC FERW | 10.95 | |
| | O | 144 | Maud van der Meer | ALK | 11.23 | |
| 1. | 100m | 10.95 (10.9) | 1. | 100m | 11.23 (11.2) | |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 27 | I | 139 | Bo van der Werff | YV GRON | 19.21 | FL |
| | O | 132 | Moniek Klijnstra | HCH | 10.99 | |
| 1. | 100m | 19.21 (19.2) | 1. | 100m | 10.99 (10.9) | |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 28 | I | 138 | Anice Das | HCH | DQ | DQ |
| | O | 147 | Eva-Sterre Bording | STGWATE | 11.56 | |

1. 1. 100m 11.56 (11.5)

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|--------------------|---------|-------|------|
| 29 | I | 141 | Emma van Rijn | 5 DORP | 11.28 | |
| | O | 130 | Tessa van der Neut | KOGGENL | 11.34 | |

1. 100m 11.28 (11.2) 1. 100m 11.34 (11.3)

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|---------------------|---------|-------|------|
| 30 | I | 134 | Bente van den Berge | YC IJSL | 10.78 | |
| | O | 131 | Annette Gerritsen | HCA | 10.68 | |

1. 100m 10.78 (10.7) 1. 100m 10.68 (10.6)

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|---------------------|---------|-------|------|
| 31 | I | 145 | Janetta Tolsma | YC FERW | 11.15 | |
| | O | 152 | Clarissa van Maaren | DYWA | 11.49 | |

1. 100m 11.15 (11.1) 1. 100m 11.49 (11.4)

| |
|-------------------------------------|
| 20: Heren (neo) senior - 100 meter. |
|-------------------------------------|

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|---------------|---------|-------|------|
| 32 | I | 164 | Daidai Ntab | YV GRON | 09.73 | TRN |
| | O | 172 | Rick Schipper | RUTTEN | 10.42 | PB |

1. 100m 09.73 (09.7) 1. 100m 10.42 (10.4)

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|------------------|--------|-------|------|
| 33 | I | 156 | Sander Meijerink | LOCHEM | 10.32 | |
| | O | 159 | Marc Horstman | ZWOLLE | 10.48 | |

1. 100m 10.32 (10.3) 1. 100m 10.48 (10.4)

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|----------------|--------|-------|------|
| 34 | I | 155 | Niels Olivier | RUTTEN | NS | NS |
| | O | 169 | Joost Grooters | SYE | 10.70 | |

1. 100m 10.70 (10.7)

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|----------------|---------|-------|------|
| 35 | I | 158 | Gijs Esders | DYC | 10.40 | |
| | O | 171 | Jeljer Haarsma | GSSVTJA | 10.43 | |

1. 100m 10.40 (10.4) 1. 100m 10.43 (10.4)

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|-----------------|--------|-------|------|
| 36 | I | 153 | Rolf Haaze | RUTTEN | 10.44 | |
| | O | 157 | Frerik Scheffer | HCA | 10.43 | |

1. 100m 10.44 (10.4) 1. 100m 10.43 (10.4)

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|---------------|---------|-------|------|
| 37 | I | 165 | Maico Voets | ASV | 10.47 | |
| | O | 170 | Sam van Damme | GSSVTJA | 10.55 | |

1. 100m 10.47 (10.4) 1. 100m 10.55 (10.5)

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|-------------------|---------|-------|------|
| 38 | I | 161 | Ruben Broekhuizen | VKNG HA | 10.48 | |
| | O | 162 | Rudy Meereboer | PURMRND | 10.13 | |

1. 100m 10.48 (10.4) 1. 100m 10.13 (10.1)

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|---------------|---------|-------|------|
| 39 | I | 160 | Jordy Sanders | STG SCH | 10.48 | |
| | O | 173 | Sven Prins | IJNG | 10.48 | |

| 1. | | 100m | 10.48 (10.4) | 1. | 100m | 10.48 (10.4) |
|-----|-----|------|----------------------|---------|-------|--------------|
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 40 | I | 154 | Albert Jan Gerritsen | HCA | 10.61 | |
| | O | 166 | Menno Kramer | BLBE | 10.16 | |
| 1. | | 100m | 10.61 (10.6) | 1. | 100m | 10.16 (10.1) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 41 | I | 168 | Lennard Frinking | KOGGENL | 10.70 | |
| | O | 167 | Oscar van Leen | KOGGENL | 09.92 | |
| 1. | | 100m | 10.70 (10.7) | 1. | 100m | 09.92 (09.9) |

21: dames A - 300 meter.

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|-------------------------|---------|-------|--------------|
| 42 | I | 91 | Naomi Weeland | Y ZW | 26.33 | PB |
| 1. | | 300m | 26.33 (26.3) | 1. | | |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 43 | I | 102 | Esmay van der Meer | ALK | 26.92 | |
| | O | 94 | Carmen Dam | HCH | 26.87 | |
| 1. | | 300m | 26.92 (26.9) | 1. | 300m | 26.87 (26.8) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 44 | I | 92 | Ariane Smit | SVR | NF | NF |
| | O | 103 | Monica Tuijp | PURMRND | 27.63 | |
| 1. | | 300m | 27.63 (27.6) | 1. | 300m | 27.63 (27.6) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 45 | I | 104 | Anouk Sanders | HYC | 27.69 | |
| | O | 107 | Manon Floris | STG Z | 28.80 | |
| 1. | | 300m | 27.69 (27.6) | 1. | 300m | 28.80 (28.8) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 46 | I | 90 | Dione Voskamp | HVHW | 26.26 | TRA |
| | O | 106 | Merel Brunsmann | HCH | 28.23 | |
| 1. | | 300m | 26.26 (26.2) | 1. | 300m | 28.23 (28.2) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 47 | I | 99 | Tessa Sintenie | HLM | 27.63 | |
| | O | 93 | Maike Laagland | HYC | 26.85 | |
| 1. | | 300m | 27.63 (27.6) | 1. | 300m | 26.85 (26.8) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 48 | I | 100 | Danielle Ootes | PURMRND | 27.78 | PB |
| | O | 96 | Nienke Kleinsman | IJSCH | 27.26 | PB |
| 1. | | 300m | 27.78 (27.7) | 1. | 300m | 27.26 (27.2) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 49 | I | 95 | Aniek Sikma | HCH | 27.83 | |
| | O | 101 | Marjolein van der Steen | LOOSDRE | 27.77 | PB |
| 1. | | 300m | 27.83 (27.8) | 1. | 300m | 27.77 (27.7) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 50 | I | 97 | Sanne Bouwmeester | STG SCH | 28.31 | |
| | O | 98 | Anouk Karel | HOORN | 27.14 | |

1. 300m 28.31 (28.3) 1. 300m 27.14 (27.1)

| Rit | I/O | Dln | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|------------------|---------|-------|------|
| 51 | I | 105 | Myron Koops | YV GRON | 27.91 | |
| | O | 108 | Josje Zwartkruis | NSV | 28.80 | |

1. 300m 27.91 (27.9) 1. 300m 28.80 (28.8)

22: Heren A - 300 meter.

| Rit | I/O | Dln | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|----------------|---------|-------|------|
| 52 | I | 126 | Martijn Lauppe | LOOSDRE | 25.32 | PB |
| | O | 121 | Max Doornbos | KOGGENL | 24.87 | |

1. 300m 25.32 (25.3) 1. 300m 24.87 (24.8)

| Rit | I/O | Dln | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|-----------------|---------|-------|------|
| 53 | I | 112 | Barry Spaan | Y NZ SP | 24.59 | |
| | O | 109 | Jelle van Klink | WYC | 25.09 | PB |

1. 300m 24.59 (24.5) 1. 300m 25.09 (25.0)

| Rit | I/O | Dln | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|------------------|---------|-------|------|
| 54 | I | 113 | Twan Berlijn | SOLIDAQ | 24.88 | |
| | O | 123 | Tom van der Wolf | HW | 25.00 | |

1. 300m 24.88 (24.8) 1. 300m 25.00 (25.0)

| Rit | I/O | Dln | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|-----------------|-------|-------|------|
| 55 | I | 115 | Tim van Benthem | HYC | 24.85 | |
| | O | 125 | Thijs ten Kampe | IJSCH | 25.26 | |

1. 300m 24.85 (24.8) 1. 300m 25.26 (25.2)

| Rit | I/O | Dln | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|------------------|-------|-------|------|
| 56 | I | 114 | Thomas Geerdinck | IJSCH | 24.41 | |
| | O | 128 | Rynald Kip | HYC | 25.15 | PB |

1. 300m 24.41 (24.4) 1. 300m 25.15 (25.1)

| Rit | I/O | Dln | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|----------------|---------|-------|------|
| 57 | I | 122 | Casper de Gier | STOFW | 25.14 | |
| | O | 120 | Thomas Rinia | KOGGENL | 24.76 | PB |

1. 300m 25.14 (25.1) 1. 300m 24.76 (24.7)

| Rit | I/O | Dln | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|-----------------|--------|-------|------|
| 58 | I | 119 | Thomas van Dijk | VENNEN | 24.49 | PB |
| | O | 124 | Marvin Muijs | YCT | 24.59 | PB |

1. 300m 24.49 (24.4) 1. 300m 24.59 (24.5)

| Rit | I/O | Dln | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|-----------------|--------|-------|------|
| 59 | I | 117 | Hille Drenth | LWSK | 25.05 | |
| | O | 111 | Kevin Schelling | YNUTVE | 24.05 | |

1. 300m 25.05 (25.0) 1. 300m 24.05 (24.0)

| Rit | I/O | Dln | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|----------------|------|-------|------|
| 60 | I | 110 | Jelte Boersma | HLM | 24.06 | |
| | O | 118 | Thijmen Polman | YVZ | 24.59 | PB |

1. 300m 24.06 (24.0) 1. 300m 24.59 (24.5)

| Rit | I/O | Dln | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|--------------|--------|-------|------|
| 61 | I | 127 | Bart Kuitert | LOCHEM | 25.70 | |
| | O | 116 | Ruben Blenk | HYC | 25.18 | |

1. 300m 25.70 (25.7) 1. 300m 25.18 (25.1)

23: dames (neo)senior - 300 meter.

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|----------------------|---------|-------|--------------|
| 62 | I | 134 | Bente van den Berge | YC IJSL | 25.56 | PB |
| | O | 130 | Tessa van der Neut | KOGGENL | 26.59 | |
| 1. | | 300m | 25.56 (25.5) | 1. | 300m | 26.59 (26.5) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 63 | I | 149 | Floor van den Brandt | HCH | 25.10 | |
| | O | 136 | Letitia de Jong | YC FERW | 26.53 | |
| 1. | | 300m | 25.10 (25.1) | 1. | 300m | 26.53 (26.5) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 64 | I | 142 | Lotte van Beek | DYC | 26.62 | |
| | O | 144 | Maud van der Meer | ALK | 26.73 | |
| 1. | | 300m | 26.62 (26.6) | 1. | 300m | 26.73 (26.7) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 65 | I | 148 | Anne-Marthe de Heer | VECHTST | 27.62 | |
| | O | 145 | Janetta Tolsma | YC FERW | 26.63 | |
| 1. | | 300m | 27.62 (27.6) | 1. | 300m | 26.63 (26.6) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 66 | I | 151 | Claudia Henckel | SKEUVEL | 27.90 | |
| | O | 150 | Janine Smit | HCH | 25.54 | |
| 1. | | 300m | 27.90 (27.9) | 1. | 300m | 25.54 (25.5) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 67 | I | 139 | Bo van der Werff | YV GRON | 25.47 | TRN |
| | O | 141 | Emma van Rijn | 5 DORP | 26.42 | |
| 1. | | 300m | 25.47 (25.4) | 1. | 300m | 26.42 (26.4) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 68 | I | 143 | Melinda Groot | KOGGENL | 26.85 | |
| | O | 133 | Mayon Kuipers | HCH | 25.70 | |
| 1. | | 300m | 26.85 (26.8) | 1. | 300m | 25.70 (25.7) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 69 | I | 132 | Moniek Klijnstra | HCH | 25.76 | |
| | O | 152 | Clarissa van Maaren | DYWA | 26.91 | |
| 1. | | 300m | 25.76 (25.7) | 1. | 300m | 26.91 (26.9) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 70 | I | 138 | Anice Das | HCH | 25.51 | PB |
| | O | 135 | Thijsje Oenema | STD | 24.83 | TRS |
| 1. | | 300m | 25.51 (25.5) | 1. | 300m | 24.83 (24.8) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 71 | I | 137 | Steffi Wubben | YC FERW | 26.72 | |
| | O | 131 | Annette Gerritsen | HCA | 25.27 | |
| 1. | | 300m | 26.72 (26.7) | 1. | 300m | 25.27 (25.2) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 72 | I | 146 | Mignon Goeree | SYE | 27.16 | |
| | O | 147 | Eva-Sterre Bording | STGWATE | 26.94 | |

1. 300m 27.16 (27.1) 1. 300m 26.94 (26.9)

24: Heren (neo) senior - 300 meter.

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|----------------------|---------|-------|--------------|
| 73 | I | 153 | Rolf Haaze | RUTTEN | 24.84 | |
| | O | 157 | Frerik Scheffer | HCA | 24.16 | |
| 1. | | 300m | 24.84 (24.8) | 1. | 300m | 24.16 (24.1) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 74 | I | 171 | Jeljer Haarsma | GSSVTJA | 24.60 | |
| | O | 158 | Gijs Esders | DYC | 23.96 | |
| 1. | | 300m | 24.60 (24.6) | 1. | 300m | 23.96 (23.9) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 75 | I | 156 | Sander Meijerink | LOCHEM | 24.24 | |
| | O | 164 | Daidai Ntab | YV GRON | 22.74 | TRN |
| 1. | | 300m | 24.24 (24.2) | 1. | 300m | 22.74 (22.7) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 76 | I | 159 | Marc Horstman | ZWOLLE | 24.41 | |
| | O | 155 | Niels Olivier | RUTTEN | 23.84 | |
| 1. | | 300m | 24.41 (24.4) | 1. | 300m | 23.84 (23.8) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 77 | I | 173 | Sven Prins | IJNG | 24.82 | |
| | O | 154 | Albert Jan Gerritsen | HCA | 25.30 | |
| 1. | | 300m | 24.82 (24.8) | 1. | 300m | 25.30 (25.3) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 78 | I | 161 | Ruben Broekhuizen | VKNG HA | 24.58 | |
| | O | 172 | Rick Schipper | RUTTEN | 24.41 | PB |
| 1. | | 300m | 24.58 (24.5) | 1. | 300m | 24.41 (24.4) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 79 | I | 167 | Oscar van Leen | KOGGENL | 23.42 | PB |
| | O | 169 | Joost Grooters | SYE | 24.52 | |
| 1. | | 300m | 23.42 (23.4) | 1. | 300m | 24.52 (24.5) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 80 | I | 165 | Maico Voets | ASV | 24.54 | |
| | O | 168 | Lennard Frinking | KOGGENL | 24.62 | |
| 1. | | 300m | 24.54 (24.5) | 1. | 300m | 24.62 (24.6) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 81 | I | 166 | Menno Kramer | BLBE | 24.56 | |
| | O | 160 | Jordy Sanders | STG SCH | 24.89 | |
| 1. | | 300m | 24.56 (24.5) | 1. | 300m | 24.89 (24.8) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 82 | I | 162 | Rudy Meereboer | PURMRND | 23.86 | TRS |
| | O | 170 | Sam van Damme | GSSVTJA | 25.04 | |
| 1. | | 300m | 23.86 (23.8) | 1. | 300m | 25.04 (25.0) |

25: Dames A - 500 meter.

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|-----------|------|------|------|
|-----|-----|-----|-----------|------|------|------|

| | | | | | |
|------------|------------|------------|--------------------------------|----------------|-------------------|
| 83 | I | 108 | Josje Zwartkruis | NSV | 44.52 |
| | O | 92 | Ariane Smit | SVR | 43.27 |
| 1. | | 100m | 12.39 (12.3) | 1. | 100m 11.53 (11.5) |
| 2. | | 500m | 44.52 (32.1) | 2. | 500m 43.27 (31.7) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd Info |
| 84 | I | 106 | Merel Brunsmann | HCH | 44.30 |
| | O | 107 | Manon Floris | STG Z | 44.62 |
| 1. | | 100m | 12.18 (12.1) | 1. | 100m 11.99 (11.9) |
| 2. | | 500m | 44.30 (32.1) | 2. | 500m 44.62 (32.6) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd Info |
| 85 | I | 105 | Myron Koops | YV GRON | 44.08 |
| | O | 100 | Danielle Ootes | PURMRND | 43.66 |
| 1. | | 100m | 11.84 (11.8) | 1. | 100m 12.01 (12.0) |
| 2. | | 500m | 44.08 (32.2) | 2. | 500m 43.66 (31.6) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd Info |
| 86 | I | 101 | Marjolein van der Steen | LOOSDRE | 43.08 |
| | O | 104 | Anouk Sanders | HYC | 43.10 |
| 1. | | 100m | 11.84 (11.8) | 1. | 100m 12.01 (12.0) |
| 2. | | 500m | 43.08 (31.2) | 2. | 500m 43.10 (31.0) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd Info |
| 87 | I | 95 | Aniek Sikma | HCH | 44.13 |
| | O | 99 | Tessa Sintenie | HLM | 43.42 |
| 1. | | 100m | 11.76 (11.7) | 1. | 100m 11.64 (11.6) |
| 2. | | 500m | 44.13 (32.3) | 2. | 500m 43.42 (31.7) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd Info |
| 88 | I | 96 | Nienke Kleinsman | IJSCH | 42.87 |
| | O | 103 | Monica Tuijp | PURMRND | 43.04 |
| 1. | | 100m | 11.78 (11.7) | 1. | 100m 11.67 (11.6) |
| 2. | | 500m | 42.87 (31.0) | 2. | 500m 43.04 (31.3) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd Info |
| 89 | I | 102 | Esmay van der Meer | ALK | 42.85 |
| | O | 93 | Maaïke Laagland | HYC | 42.22 |
| 1. | | 100m | 11.63 (11.6) | 1. | 100m 11.58 (11.5) |
| 2. | | 500m | 42.85 (31.2) | 2. | 500m 42.22 (30.6) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd Info |
| 90 | I | 94 | Carmen Dam | HCH | 42.19 |
| | O | 98 | Anouk Karel | HOORN | 42.85 |
| 1. | | 100m | 11.58 (11.5) | 1. | 100m 11.55 (11.5) |
| 2. | | 500m | 42.19 (30.6) | 2. | 500m 42.85 (31.3) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd Info |
| 91 | I | 90 | Dione Voskamp | HVHW | 41.19 |
| | O | 91 | Naomi Weeland | Y ZW | 41.19 |
| 1. | | 100m | 11.21 (11.2) | 1. | 100m 11.34 (11.3) |
| 2. | | 500m | 41.19 (29.9) | 2. | 500m 41.19 (29.8) |

26: Heren A - 500 meter.

| | | | | | |
|------------|------------|------------|-----------------------|---------------|------------------|
| Rit | I/O | DIn | Deelnemer | Club | Tijd Info |
| 92 | I | 127 | Bart Kuitert | LOCHEM | 40.07 |
| | O | 122 | Casper de Gier | STOFW | 39.07 |

| | | | | | | | |
|------------|------------|------------|-------------------------|----------------|------|--------------|-------------|
| 1. | 100m | 11.09 | (11.0) | 1. | 100m | 10.88 | (10.8) |
| 2. | 500m | 40.07 | (28.9) | 2. | 500m | 39.07 | (28.1) |
| Rit | I/O | DIn | Deelnemer | Club | | Tijd | Info |
| 93 | I | 128 | Rynald Kip | HYC | | 39.45 | |
| | O | 125 | Thijs ten Kampe | IJSCH | | 39.24 | |
| 1. | 100m | 10.96 | (10.9) | 1. | 100m | 11.04 | (11.0) |
| 2. | 500m | 39.45 | (28.4) | 2. | 500m | 39.24 | (28.2) |
| Rit | I/O | DIn | Deelnemer | Club | | Tijd | Info |
| 94 | I | 116 | Ruben Blenk | HYC | | 39.35 | |
| | O | 126 | Martijn Lauppe | LOOSDRE | | 39.55 | |
| 1. | 100m | 10.61 | (10.6) | 1. | 100m | 10.82 | (10.8) |
| 2. | 500m | 39.35 | (28.7) | 2. | 500m | 39.55 | (28.7) |
| Rit | I/O | DIn | Deelnemer | Club | | Tijd | Info |
| 95 | I | 115 | Tim van Benthem | HYC | | 38.62 | |
| | O | 109 | Jelle van Klink | WYC | | 39.36 | PB |
| 1. | 100m | 10.90 | (10.9) | 1. | 100m | 10.72 | (10.7) |
| 2. | 500m | 38.62 | (27.7) | 2. | 500m | 39.36 | (28.6) |
| Rit | I/O | DIn | Deelnemer | Club | | Tijd | Info |
| 96 | I | 123 | Tom van der Wolf | HW | | 39.11 | PB |
| | O | 120 | Thomas Rinia | KOGGENL | | 38.56 | |
| 1. | 100m | 10.75 | (10.7) | 1. | 100m | 10.59 | (10.5) |
| 2. | 500m | 39.11 | (28.3) | 2. | 500m | 38.56 | (27.9) |
| Rit | I/O | DIn | Deelnemer | Club | | Tijd | Info |
| 97 | I | 113 | Twan Berlijn | SOLIDAQ | | 40.12 | |
| | O | 117 | Hille Drenth | LWSK | | 39.41 | |
| 1. | 100m | 10.56 | (10.5) | 1. | 100m | 10.82 | (10.8) |
| 2. | 500m | 40.12 | (29.5) | 2. | 500m | 39.41 | (28.5) |
| Rit | I/O | DIn | Deelnemer | Club | | Tijd | Info |
| 98 | I | 118 | Thijmen Polman | YVZ | | 38.84 | |
| | O | 121 | Max Doornbos | KOGGENL | | 39.24 | |
| 1. | 100m | 10.50 | (10.5) | 1. | 100m | 10.60 | (10.6) |
| 2. | 500m | 38.84 | (28.3) | 2. | 500m | 39.24 | (28.6) |
| Rit | I/O | DIn | Deelnemer | Club | | Tijd | Info |
| 99 | I | 119 | Thomas van Dijk | VENNEN | | 38.45 | |
| | O | 124 | Marvin Muijs | YCT | | 39.43 | PB |
| 1. | 100m | 10.63 | (10.6) | 1. | 100m | 10.59 | (10.5) |
| 2. | 500m | 38.45 | (27.8) | 2. | 500m | 39.43 | (28.8) |
| Rit | I/O | DIn | Deelnemer | Club | | Tijd | Info |
| 100 | I | 114 | Thomas Geerdinck | IJSCH | | 38.18 | |
| | O | 112 | Barry Spaan | Y NZ SP | | 38.29 | |
| 1. | 100m | 10.42 | (10.4) | 1. | 100m | 10.39 | (10.3) |
| 2. | 500m | 38.18 | (27.7) | 2. | 500m | 38.29 | (27.9) |
| Rit | I/O | DIn | Deelnemer | Club | | Tijd | Info |
| 101 | I | 110 | Jelte Boersma | HLM | | 37.89 | |
| | O | 111 | Kevin Schelling | YNUTVE | | 37.90 | |
| 1. | 100m | 10.11 | (10.1) | 1. | 100m | 10.46 | (10.4) |
| 2. | 500m | 37.89 | (27.7) | 2. | 500m | 37.90 | (27.4) |

27: Dames (neo) senior - 500 meter.

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|---------------------|---------|-------|--------------|
| 102 | I | 139 | Bo van der Werff | YV GRON | 39.57 | TRN |
| | O | 138 | Anice Das | HCH | 40.30 | |
| 1. | | 100m | 10.73 (10.7) | 1. | 100m | 11.06 (11.0) |
| 2. | | 500m | 39.57 (28.8) | 2. | 500m | 40.30 (29.2) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 103 | I | 148 | Anne-Marthe de Heer | VECHTST | 42.92 | |
| | O | 151 | Claudia Henckel | SKEUVEL | 44.52 | |
| 1. | | 100m | 11.76 (11.7) | 1. | 100m | 11.63 (11.6) |
| 2. | | 500m | 42.92 (31.1) | 2. | 500m | 44.52 (32.8) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 104 | I | 147 | Eva-Sterre Bording | STGWATE | 42.83 | |
| | O | 146 | Mignon Goeree | SYE | 42.67 | |
| 1. | | 100m | 11.56 (11.5) | 1. | 100m | 11.53 (11.5) |
| 2. | | 500m | 42.83 (31.2) | 2. | 500m | 42.67 (31.1) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 105 | I | 137 | Steffi Wubben | YC FERW | 41.91 | |
| | O | 152 | Clarissa van Maaren | DYWA | 42.68 | |
| 1. | | 100m | 11.38 (11.3) | 1. | 100m | 11.56 (11.5) |
| 2. | | 500m | 41.91 (30.5) | 2. | 500m | 42.68 (31.1) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 106 | I | 142 | Lotte van Beek | DYC | 41.83 | |
| | O | 130 | Tessa van der Neut | KOGGENL | 41.73 | |
| 1. | | 100m | 11.49 (11.4) | 1. | 100m | 11.38 (11.3) |
| 2. | | 500m | 41.83 (30.3) | 2. | 500m | 41.73 (30.3) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 107 | I | 141 | Emma van Rijn | 5 DORP | 41.70 | |
| | O | 144 | Maud van der Meer | ALK | 42.16 | |
| 1. | | 100m | 11.23 (11.2) | 1. | 100m | 11.47 (11.4) |
| 2. | | 500m | 41.70 (30.4) | 2. | 500m | 42.16 (30.6) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 108 | I | 145 | Janetta Tolsma | YC FERW | 42.68 | |
| | O | 143 | Melinda Groot | KOGGENL | 42.01 | |
| 1. | | 100m | 11.20 (11.2) | 1. | 100m | 11.33 (11.3) |
| 2. | | 500m | 42.68 (31.4) | 2. | 500m | 42.01 (30.6) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 109 | I | 132 | Moniek Klijnstra | HCH | 39.95 | |
| | O | 136 | Letitia de Jong | YC FERW | 40.09 | |
| 1. | | 100m | 11.01 (11.0) | 1. | 100m | 10.96 (10.9) |
| 2. | | 500m | 39.95 (28.9) | 2. | 500m | 40.09 (29.1) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 110 | I | 134 | Bente van den Berge | YC IJSL | 40.40 | |
| | O | 133 | Mayon Kuipers | HCH | 40.11 | |
| 1. | | 100m | 10.75 (10.7) | 1. | 100m | 11.07 (11.0) |
| 2. | | 500m | 40.40 (29.6) | 2. | 500m | 40.11 (29.0) |
| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
| 111 | I | 131 | Annette Gerritsen | HCA | 39.53 | |

O 150 Janine Smit HCH 39.50

1. 100m 10.72 (10.7) 1. 100m 10.77 (10.7)
2. 500m 39.53 (28.8) 2. 500m 39.50 (28.7)

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|----------------------|------|-------|--------------|
| 112 | I | 135 | Thijsje Oenema | STD | 38.89 | TRS |
| | O | 149 | Floor van den Brandt | HCH | 39.08 | |
| 1. | | 100m | 10.57 (10.5) | 1. | 100m | 10.52 (10.5) |
| 2. | | 500m | 38.89 (28.3) | 2. | 500m | 39.08 (28.5) |

28: Heren (neo) senior - 500 meter.

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|----------------------|--------|-------|--------------|
| 113 | I | 154 | Albert Jan Gerritsen | HCA | 40.41 | |
| | O | 155 | Niels Olivier | RUTTEN | 37.29 | |
| 1. | | 100m | 10.66 (10.6) | 1. | 100m | 10.12 (10.1) |
| 2. | | 500m | 40.41 (29.7) | 2. | 500m | 37.29 (27.1) |

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|------------------|---------|-------|--------------|
| 114 | I | 170 | Sam van Damme | GSSVTJA | 39.65 | |
| | O | 168 | Lennard Frinking | KOGGENL | 38.95 | |
| 1. | | 100m | 10.69 (10.6) | 1. | 100m | 10.64 (10.6) |
| 2. | | 500m | 39.65 (28.9) | 2. | 500m | 38.95 (28.3) |

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|----------------|---------|-------|--------------|
| 115 | I | 160 | Jordy Sanders | STG SCH | 38.81 | |
| | O | 169 | Joost Grooters | SYE | 38.34 | |
| 1. | | 100m | 10.60 (10.6) | 1. | 100m | 10.59 (10.5) |
| 2. | | 500m | 38.81 (28.2) | 2. | 500m | 38.34 (27.7) |

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|--------------|--------|-------|--------------|
| 116 | I | 153 | Rolf Haaze | RUTTEN | 39.40 | |
| | O | 173 | Sven Prins | IJNG | 38.54 | |
| 1. | | 100m | 10.42 (10.4) | 1. | 100m | 10.52 (10.5) |
| 2. | | 500m | 39.40 (28.9) | 2. | 500m | 38.54 (28.0) |

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|-------------------|---------|-------|--------------|
| 117 | I | 165 | Maico Voets | ASV | 38.02 | |
| | O | 161 | Ruben Broekhuizen | VKNG HA | 38.37 | |
| 1. | | 100m | 10.44 (10.4) | 1. | 100m | 10.42 (10.4) |
| 2. | | 500m | 38.02 (27.5) | 2. | 500m | 38.37 (27.9) |

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|----------------|---------|-------|--------------|
| 118 | I | 159 | Marc Horstman | ZWOLLE | 38.01 | |
| | O | 171 | Jeljer Haarsma | GSSVTJA | 38.52 | |
| 1. | | 100m | 10.37 (10.3) | 1. | 100m | 10.39 (10.3) |
| 2. | | 500m | 38.01 (27.6) | 2. | 500m | 38.52 (28.1) |

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|------|-----------------|--------|-------|--------------|
| 119 | I | 157 | Frerik Scheffer | HCA | 37.58 | |
| | O | 172 | Rick Schipper | RUTTEN | 38.17 | |
| 1. | | 100m | 10.38 (10.3) | 1. | 100m | 10.54 (10.5) |
| 2. | | 500m | 37.58 (27.2) | 2. | 500m | 38.17 (27.6) |

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|------------------|--------|-------|------|
| 120 | I | 158 | Gijs Esders | DYC | 37.23 | |
| | O | 156 | Sander Meijerink | LOCHEM | 37.65 | |

| | | | | | | | |
|----|------|-------|--------|----|------|-------|--------|
| 1. | 100m | 10.22 | (10.2) | 1. | 100m | 10.40 | (10.4) |
| 2. | 500m | 37.23 | (27.0) | 2. | 500m | 37.65 | (27.2) |

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|----------------|---------|-------|------|
| 121 | I | 162 | Rudy Meereboer | PURMRND | 37.57 | |
| | O | 166 | Menno Kramer | BLBE | 38.31 | |

| | | | | | | | |
|----|------|-------|--------|----|------|-------|--------|
| 1. | 100m | 10.17 | (10.1) | 1. | 100m | 10.28 | (10.2) |
| 2. | 500m | 37.57 | (27.4) | 2. | 500m | 38.31 | (28.0) |

| Rit | I/O | DIn | Deelnemer | Club | Tijd | Info |
|-----|-----|-----|----------------|---------|-------|------|
| 122 | I | 164 | Daidai Ntab | YV GRON | 36.27 | TRN |
| | O | 167 | Oscar van Leen | KOGGENL | 37.07 | |

| | | | | | | | |
|----|------|-------|--------|----|------|-------|--------|
| 1. | 100m | 09.83 | (09.8) | 1. | 100m | 09.83 | (09.8) |
| 2. | 500m | 36.27 | (26.4) | 2. | 500m | 37.07 | (27.2) |